Attorney Docket No. 84594-102/ME

Examiner

STEPHEN R. CROW

Art Group

3764

Applicant

ALLEN G. JAMES

Serial No.

09/461,225

Filed

12/16/99

For

PORTABLE CALF STRETCHER

NOV 10 2000

FAX RECFIVED

GROUP 3700

Commissioner of Patents Washington, D.C., 20231 U.S.A.

Dear Sir:

In response to the Official Action dated August 10, 2000, it is respectfully requested that this application be amended as follows:

IN THE CLAIMS

Please cancel previously submitted claims 2 through 9.

Please amend claim 1 as follows:

A method of [portable stretching device for] stretching calf muscles 1. (amended) of a person, the [device] method comprising:

providing a base [member] plate having a lower gripping surface arranged to be supported on [a supporting surface] the ground and an upper mounting surface extending between respective first and second ends of the base plate:

providing a foot plate extending between respective first and second ends:

arranging the foot plate to be longer between the respective first and second ends thereof than the base plate;

providing on the foot plate an upper gripping surface suitably sized to support a single foot of the person thereon;

providing on the foot plate a plurality of stops mounted on a lower mounting surface of the foot plate at spaced positions between the respective first and